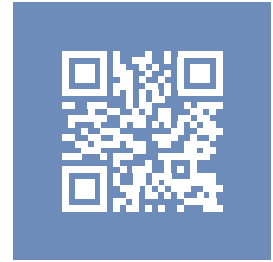


You're Booked for a Total Hip Replacement

Congratulations on taking this important step. Being booked for a total hip replacement is the beginning of a journey towards a pain-free, active life. This page outlines what happens between now and your surgery date, and what you can do to prepare for the best possible outcome.



KEY STEPS

01 Pre-Admission Clinic

Attend the hospital pre-admission clinic for blood tests, ECG, and anaesthetic review.

02 Medical Optimisation

Manage any underlying conditions: blood pressure, blood sugar, BMI.

03 Home Preparation

Set up your recovery space, arrange help, stock your kitchen.

04 Day Before Surgery

Pack your hospital bag; fast from midnight; confirm arrival time.

QUICK FACTS

PRE-ADMIT

Clinic Review

FASTING

From Midnight

HOSPITAL

Eastwood Private

STAY

2-4 Nights

"You are in excellent hands.

We look forward to your recovery."

FREQUENTLY ASKED QUESTIONS

Q. What do I pack for hospital?

Comfortable loose clothing, non-slip footwear, toiletries, phone charger, and your regular medications in original packaging. The hospital will provide gowns and surgical necessities.

Q. What if I get sick before my surgery date?

Contact our rooms immediately. A significant illness, infection, or fever before surgery may require postponement for your safety.

Q. How will I know everything is organised?

Our team will be in contact with you in the weeks before surgery to confirm all arrangements. Please call us if you have any questions at any time.

ABOUT THE SURGEON

Dr Chien-Wen Liew exclusively performs total hip replacements via the direct anterior approach and total knee replacements via kinematic alignment only. He utilises patient-specific technology for both procedures, and practices from Orthopaedics 360 — within the Eastwood Private Hospital Precinct.

Dr Chien-Wen Liew

Hip and Knee Replacement Surgeon

Orthopaedics 360 · Eastwood Private Hospital, Adelaide SA

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